

NSU
Florida

Mailman Segal Center
for Human Development
NOVA SOUTHEASTERN
UNIVERSITY

SPRING/SUMMER SEMESTER
APRIL 29th - JULY 20th, 2019
12 WEEKS OF CLASS FOR \$299

THE PARENTING PLACE™

at NSU's Mailman Segal Center



PARENT/CHILD CLASSES

Play Together, Learn Together Series

0 - 9 months, 9 - 19 months, 18 months +

75 MINUTES EACH
You and your child will participate in play-based activities that support cognitive and social development while learning solutions to parenting challenges and enjoying opportunities to develop friendships.

Ooey, Gooley, Messy Fun!

12 months +

60 MINUTES EACH, \$50 MATERIALS FEE
Children's overall development is enhanced when they experience a variety of sensory experiences. We'll be making and playing with every slimy, sticky, silly thing imaginable. Dress for a mess!

Ooey, Gooley, Art!

2.5 - 5 years

60 MINUTES EACH, \$50 MATERIALS FEE
Sensory exploration is an important part of early childhood education. Join your children as we explore a multitude of sensory medias and express ourselves through creativity. Dress for a mess!

Sports for Tots/Sports for Fun

18 - 24 months/ 2 - 3 years

60 MINUTES EACH
Children learn about their bodies, exercising, and the fundamentals of sports and cooperation. This class helps to support gross motor development and social skills while fostering a love for sports and physical activity.

Music Together®

6 weeks - 5 years

45 MINUTES EACH, \$40 MATERIALS FEE
Developed by the Center for Music and Young Children, this class is designed for parents who want to learn a variety of ways to support a child's love of music. Join other parents as you sing, dance, and play with a variety of props and percussion instruments. (CD, SONGBOOK, AND APP ACCESS)

JUST FOR KIDS CLASSES

60 MINUTES EACH

Knead It!

3 - 5 years

\$50 MATERIALS FEE
Utilizing a myriad of sensory media, children will discover their creative side while enhancing fine motor skills and strengthening muscles.

Fit Yoga

3 - 5 years

This class will introduce the fundamental uses of positive language, affirmations, and visualization movements of children's yoga. This fun, noncompetitive activity teaches techniques that increase a child's self-esteem.

Ballet

3 - 5 years

This class playfully introduces the basic positions and movements of ballet using music, games, creative imagery, and stories in a developmentally appropriate environment.

(second 4 weeks only)

Leap into Learning

2.5 - 5 years

The research is out—children's brains retain information best when movement is incorporated into learning. Have your child join us for this active and educational class.

Creative Movement

3 - 5 years

Children love to move! Yours will get up and dance, use props, and work on many gross motor skills to music. The songs are creative and fun allowing children to use their imaginations.

Master Chefs

3 - 5 years

\$50 MATERIALS FEE
Young chefs will experience a variety of flavors and culinary creations as they make delicious and nutritious meals while learning about science, cooperation, and making friends.

TRANSITION PROGRAM: GETTING READY FOR PRESCHOOL

2 years old by September 2018

This two-day program is designed to support children as they transition to preschool. Children learn to make friends, seek help from adults, and separate from their parent(s). They learn about classroom routines and participate in a preschool class. To encourage the separation process, parents can choose to take turns attending classes on alternate days. The transition program helps your child become more independent and self-confident.

24 CLASSES/3 HOURS EACH, TWO-DAY TRANSITION PRICE: \$1,725

TO REGISTER OR FOR MORE INFORMATION, CALL (954) 262- 7127 OR VISIT NOVA.EDU/PARENTING



SCHEDULE OF CLASSES

SPRING/SUMMER 2019

12 WEEK SESSION

PARENT/CHILD CLASSES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Play Together, Learn Together						
Newborn - 9 months		9:15 - 10:30 am 10:45 am - 12 pm (second 4 weeks)				11 am - 12:15 pm
9 - 18 months			9:30 - 10:45 am 11 am - 12:15 pm			9:30 - 10:45 am
18 months +	9:30 - 10:45 am 11 am - 12:15 pm					
Ooey, Goopy, Messy Fun! 12 months +	9:15 - 10:15 am 11 am - 12 pm					
Sports for Tots! 18 - 24 months		10:45 - 11:45 am				
Sports for Fun! 2 - 3 years			10:45 - 11:45 am			
Getting Ready for Preschool 2 - 3 years		9:30 am - 12:30 pm		9:30 am - 12:30 pm		
Ooey, Goopy, Art! 2. 5 - 5 years			10 - 11 am			
Music Together 6 weeks - 5 years		9:15 - 10 am 10:15 - 11:15 am 11:15 am - 12 pm	9:15 - 10 am 10:15 - 11:15 am 11:15 am - 12 pm			9:30 - 10:15 am 10:30 - 11:15 am
JUST FOR KIDS CLASSES						
Creative Movement 3 - 5 years	1 - 2 pm					
Fit Yoga 3 - 5 years		1 - 2 pm				
Leap Into Learning 2.5 - 5 years			1 - 2 pm			
Master Chefs 3 - 5 years			1 - 2 pm 3 - 4 pm			
Ballet 3 - 5 years		1 - 2 pm 3 - 4 pm (second 4 weeks)				
Knead It! 3 - 5 years				3 - 4 pm		